WHAT YOU BELIEVE YOURSELF TO BE (Is A Belief To Be Undone)

	Name F	М			
Me	Date of Birth				
	Age (include any meaning you've given age)				
THE IDENTITY I MADE	Nationality				
	Parents Siblings				
	Partner				
Children					
Extended Family					
Career Highlights & Achie	evements				
Hobbies					
Other Roles					
Starsign/horoscope					
Health Status					
Preferences in Life					
Wants & Desires					
Likes & Dislikes					
What "I" Care Most About	ıt				
What I Believe Myself to I	Be				
People You Admire/Follo	OW				
Attachments in the world	1				
Life Story of 'You' (you wi	ill need several pages to thoroughly explore all that you identify with i	n you			
'life' from pre-birth of the	body until now):				

Archetypal Patterns: _____

Recurring thoughts/memories/ideas: _

PRGRAMMED BELLEFS BUILT ON INDIVIDUAL & SEPARATE IDENTITY

AS YOU EXPOSE BELIEFS, MAKE A NOTE OF THEM BELOW...

BELIEFS EXPOSED

	THE "RECORD	OF TH	IEMES DI AVI	NG MF	
	BUILT ON THE	CORE BI	ELLER OF SEPA	ARAHON	
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